



Parents
Helping Parents

#GI[♥]INGTUESDAY™



Join the movement & give back

If you're looking for a meaningful way to make a difference this year, consider supporting Parents Helping Parents. Understanding the top reasons to donate can highlight the profound impact your contribution can have to families in need. From empowering individuals to fostering community connections, your donation can help create positive change.

[Donate Now](#)



“ PHP helped broaden both my knowledge and my community so that I'm truly not in this alone anymore. This is why I support Parents Helping Parents. ”

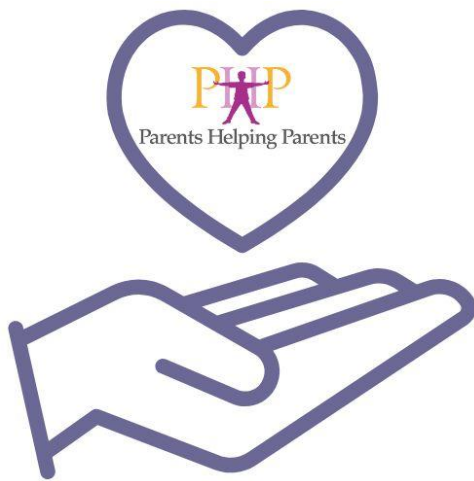
This Giving Tuesday help us raise funds for our vital support groups like the Anxiety & Mood Disorder Support Group for Parents, Autism Support Group, and Parents of Adult Children with Developmental Disabilities. All of our support groups are offered FREE to our community. Your generosity empowers families and allows us to continue offering this critical support to everyone regardless of income.

Join us in making a difference - mark your calendars for Giving Tuesday on December 3rd or donate now and get a jumpstart on your holiday giving!

Read on to discover why your support is essential for the work PHP does in building stronger families and a more inclusive community.

Top Five Reasons to Give to Parents Helping Parents

1. **Empowering Families** - PHP provides FREE critical resources and support to families of loved ones with any disability or diagnosis, helping them navigate their specific challenges within complex systems of care
2. **Community Impact** - Donations directly contribute to local programs that create positive impact in our community and help foster resilience among families
3. **Comprehensive Services** - PHP offers a wide range of services including 1:1 support, education, support groups and advocacy training.
4. **Building Connections** - Supporting PHP helps to create a network of families who can share experiences, resources and encouragement, promoting a strong sense of community and belonging.
5. **Accessible Resources** - Our resources are FREE to anyone who needs them. Your support helps PHP continue to provide free services, ensuring that all families regardless of their financial situation can access the resources they need to manage their family's challenges.



Help us support a family today!

Supporting Parents Helping Parents is an investment in stronger, healthier families and communities.

[Donate Now](#)





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