



Parents
Helping Parents

#GIVINGTUESDAY™



Join the movement & give back

This holiday season, give a meaningful gift by shopping for someone special on your list and making a donation to Parents Helping Parents in their honor.

Your generosity will directly support vital programs like our FREE support groups including our popular Anxiety and Mood Disorder Support Group and our varying autism support groups.

[Donate Now](#)

Parents Helping Parents is a non-profit organization that provides FREE crucial support to families with children who have disabilities. These families often face isolation and lose hope as their lives change drastically when a child is born with or receives a disability diagnosis. PHP runs various support groups that connect these parents and help them navigate their challenges together.

Your thoughtful, tax-deductible gift today can make a real difference. As one of our support group leaders shared,

"When newcomers attend...they often have body language that looks shut down. Then they hear stories that resemble what's happening in their households, making them feel more comfortable opening up about their family situations. It's a peer-to-peer, no judgment zone, and we laugh a lot because it's healing."

The support groups become a peer-to-peer no-judgement zone where parents can find community and healing.

With your support, PHP can expand this program and other crucial resources to reach more parents that desperately need our help. Please consider donating to PHP to help us continue the vital work we do.

Thank you for your generosity and for making a real difference in the lives of people in our community with loved ones with disabilities.

Help us support a family today!

*Supporting Parents Helping Parents
is an investment in stronger,
healthier families and
communities.*



[Donate Now](#)



Parents Helping Parents | Sobrato Center for Nonprofits 1400 Parkmoor Avenue Suite 100 |
San Jose, CA 95126 US

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